# Woman's World

Conducted by Helene Valeau.

HELENE VALEAU'S ANSWERS. | "A WOMAN AS NOISY Miss Valeau will reply to all questhe Intermountain Catholic. The well known character and authority of her replies need no introduction to those already familiae with her ability. Miss Valeau will take a kindly and personal interest in those who write to her, and will spare no pains in seeing that their lequiries are answered fully and carefully. Write only on one side of the paper. Address letters to Miss Helene Valeau. Intermountain Catholic

Dear Miss Valeau: Piease rell me a good from for a busy woman who is the case of the reighborhod vs. Mrs. P. J. Carroll at Sacramento Inst. week.

The woman who wishes to accomplish the must and best work possible will find that one bour's rest, at a fixed bour every attenneon, will do more for bor than simulants. In order to obtain the greatest good from this hour's rest as a fired bour every attenneon, will do more for bor than simulants. In order to obtain the greatest good from this hour's rest as a fir he were for the sight, and then lie down in a dark-mal room and sheep for a half hour, or were less. She will arise refreshed and fur as the average war of the sight, and then lie down in a dark-mal room and sheep for a half hour, or were less. She will arise refreshed and hive grated. One whole day out of the spent in absolute rest is a great relative of are again to a spent in absolute rest is a great relative of are again and beauty, as well as chorrollands.

The sufferen from dyspepts should the furnishes, spinach, cresses, salads, elery, letture, shandlednes, ripe peaches and more to say and talked feater and an arrier, and she became madder and more to say and talked feater and an arrier, and she became madder and madder.

Size had told all of this to a policemant to a surface of the reighborhor and strength and beauty as well and restricting the structure of arrength with the restriction of the structure of a surface of the restriction of the surface of the restrictio

Sends Him to Jail for Drunkenness and Failure to Provide.

Mrs. Pepper testified, along with the rest of the neighborhood, that she had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed by his wife with fail-like the could his provide for their on his did no many the major part of her had.

Mrs. Pepper testified, along with the rest of the meigh bors of the self-anams she couldn't think of rejeating, had been classed as a risit, called names she couldn't think of rejeating, had been classed with him to Valenthe.

After the collie let his new home he was seen at Fremont, Neb., where some boys threw stones at him while he was the report until he appeared in Des Moise.

Mrs. Wickwire feelingly corroborated his was the report until he appeared in Des Moise.

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Mrs. Wickwire feelingl

keep them."
"Mary, be easy with me this time and I will behave myself," pleaded the man. 'I will stop drinking and give you all my wages.

I's little good I get from your working," responded the woman.
'Your money goes mostly for drink, I mink thirty days in jall will bring you to your senses."
Devision sustained," said the record. "Decision sustained," said the record-er and the man was led away.

Why Don't You? Why don't you answer your friend's Why don't you make the promised sit to that invalid? She is looking a you day after day. Why don't you send away that little

in you've been planning to send? More kind intentions never accomplish Why don't you try to share the bur-

den of that sofrowful one who works beside you? Is it because you are growing selfish?

One woman in a neighborhood can kick up more trouble than forty mil-lion men.

The defendant was led over the burn-

Why don't you speak out the encouraging words that you have in your theorems them ing sands for some moments, and then Justice Marsh imposed a fine of \$20, to be collected if there was any further westige of an outbreak on the east side. Why don't you take more pains to be self-sacrificing and loving in the every-day home life? Time is rapidly passing. Your dear one will not be with you always.

The plain Girl.

The plain girl was "tired to death"

The plain girl was "tired to death"

Nature coes things wastefully. Meat of being mentioned as "that plain girl

is mind do their work, the letters is great, the friends or foss you meet, the friends or foss you meet, the friends or foss you meet, the friends or misery of your day in the idea around and recreamler is flust so much are your adding to pleasure or misery of other peositions. It is one of nature's gifts, which like intellect, may be used for good of pleasure or misery of other peositions. It you are indifferent to your matter which you can control the risk of bringing upon yourself the contempt of the world, and thus losing your primary particular day shalling to you more of nappiness or of fering is largely beyond your power.

The Wittney of Beauty.

Personal beauty has always been a great power, and probably always will be. It is one of nature's gifts, which like intellect, may be used for good or ill. If you are indifferent to your dress or personal appearance, you run the risk of bringing upon yourself the contempt of the world, and thus losing your influence. This has been the fait of good but eccentric people from time immemorial, and some of our best men. Shar fust so much are you adding to Thether any particular day shall erion to others rests with yourself.

### Virtues of Salt.

Virtues of Salt.

Tommon ordinary table salt has many rurnes. It is one of the best cleansers for the tech and gums. It is good for dispepsia, it is excellent for the skin, and disinfects wounds and sores. It relieves pain caused by bee stings and spider bites. Land is greatly enriched and grass it made to grow by sprinking salt on the ground. Salt used when faveping carpets freshers them and assess out moths. It will put out a fire in the chimney, as well as revive a coal dre. Salt in the oven under baking and does not soowl or look cross, but juts put on ink spots when freshly made will remove them. Salt in water will refreshen cut flowers, and as a lead wash will prevent the hair from falling.

There are some people who really wouldn't know how to behave if they were out of debt.

# AS 40,000,000 MEN"

Hands Down Opinion Against Housewife in a Neighborhood Feud.

For being called country jakes, rubes Dear Miss Valeau: Please tell me a good tonic for a busy woman who is care in the case of the reighborhood vs. I a busy woman who is care in the case of the neighborhood vs. I a busy woman who is care in the case of the jayhawkers and other agricultural

### Arraigns Whole Neighborhood.

Mrs. Carroll took the defensive, and proved her ability to hold her own in a war of language with four ordinary women. The araigned the whole neighborhood with great pointedness and verbemence and exposed plots and counterplots hooked up by the neighbors. She was totally surrounded by bad neighbors, and had been for years, and it seemed as if she could never get done being pestered by them. She would up with the declaration that if she were not a peace-loying, law-abiding woman she could have had several ing its wider aspects.

she were not a peace-loving, law-abid-ing woman she could have had several of her neighbors down in court every day for the last five years, and her for-giving disposition and kindly nature had spared each one of them long terms in tall

and spared each one of them long terms in lall.

After all the testimony had been taken Justice Marsh pondered and then weightly declared:

The buffulo chasing Sloux were more double to the sparent with the sparent 'One woman in a neighborhood can

lion men."

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Of being mentioned as "that plain girl body, but Nature does not mind that thinking to her that a few though sand fat-waisted men of affairs dig their graves with their teeth in city restaurants; there are plenty of rosy
Rooms 9 and 10. Eagle Block. stass. After this scrutinizing process, the determined to kill the faults of plain Mary Brown." First of all, she better are set the thin city and the composition of plain Mary Brown." First of all, she better are set the mount of plain Mary Brown." First of all, she better are set of the react, with the morning. Then brush the test in the morning or possessages with a similar solution to see in an atomizer or taken from the palm of your band. Brush the test in after each meal, or use dental floss to remove particles of food. Rimse your moved with a solution of baking sodal hera. Or see the first of the solution in your better the set of the pleasage of the pleasage with a similar solution in the set of the pleasage with a similar solution in your mouth of the set of the pleasage with a similar solution in the set of the pleasage with a similar solution in the set of the pleasage with a similar solution in the set of the pleasage with a similar solution in the set of the pleasage of the pleasage or misery of other pleasage with a similar solution of the strong, the pleasage or misery of other pleasage of the pleasage or misery of other pleasage or misery of pleasage or misery of pleasage or misery of pleasage or mi

bring to you more of nappiness or of affering is largely beyond rour power to determine. Whether each day of and women have lost much as the fate. immemorial, and some of our best men and women have lost much of their influence because of their indifference in the world. It is the duty of every mother to teach her daughter to have respect for her personal appearance, as well as her intellectual attainments. Many a plain girl, by her daintiness of possible for the personal appearance as well as her intellectual attainments.

### How to Run a Newspaper, (Peoria Herald-Transcript.) IF WE (Peoria Herald-Transcript.) When a man goes astray Keep it out, When the critic roasts a play Keep it out, When two men in anger clash. When a merchant goes to smash. When the Cashler steals the cash— TELL YOU

When they quarrel in the church Keep it out, When a teacher wislds the birch When nine women fair to see Whisper something over tea-Print it? Goodness gracious me! "Keep it out!"

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